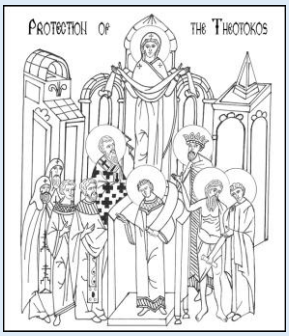
St. Mary's Cathedral Weekly Messenger

1701 Fifth Street N.E. • Minneapolis, Minnesota 55413 • 612-781-7667 • office@stmarysoca.org • stmarysoca.org

St. Mary's Orthodox Cathedral • A parish of the Orthodox Church in America • Diocese of Chicago and the Midwest • Founded in 1887



A Warm Welcome to our Guests!

We are delighted to have you join us in worship today and pray that your participation in our worship service will be a blessing for you.

We encourage you to join us in our prayers and hymns and partake of the blessed bread at the conclusion of today's Liturgy - this is not Holy Communion. In the Orthodox Church, the reception of Holy Communion is the sign of membership and unity in the church.

Only those who have been united to the Orthodox Christian Church through baptism or chrismation, and have prepared themselves through regular confession, prayer and have fasted since midnight are permitted to partake of Holy Communion.

Information about the Orthodox Christian Faith and this parish can be found in the back of the church. Feel free to ask questions before or after the services.

Please sign our guest book in the back of the church and join us for refreshments and fellowship across the street, in our Parish Center at the conclusion of today's liturgy.

Sunday, September 20, 2026

16th Sunday after Pentecost - Exaltation of the Cross; Greatmartyr Eustathius

Please refer to our website for service and event information and scheduling updates.
Flowers at the center table are in honor of John and Anna Taylor from Rob and Karen Taylor.
Last Sunday Attendance: 347

First Festal Antiphon:
Refrain: Through the prayers of the Theotokos, O Savior, save us!

Second Festal Antiphon:
Refrain: O Son of God, crucified for our sake, save us who sing to Thee, Alleluia!

The hymns of the day are sung after the Little Entrance.

Troparion - Resurrection (Tone 7)
By Thy Cross Thou didst destroy death. * To the thief Thou didst open Paradise. * For the Myrrhbearers Thou didst change weeping into joy, * and Thou didst command Thy disciples, O Christ God, * to proclaim that Thou art risen, // granting the world great mercy.

Troparion - Exaltation of the Cross (Tone 1)
O Lord, save Thy people, * and bless Thine inheritance! * Grant victories to the Orthodox Christians * over their adversaries; and by virtue of Thy Cross, // preserve Thy habitation!

Troparion - St. Eustathius (Tone 4)
Thy holy martyr Eustathius and his wife and sons, O Lord, * through their sufferings have received incorruptible crown from Thee, our God. * For having Thy strength, they laid low their adversaries, * and shattered the powerless boldness of demons. // Through their intercession, save our souls!

Kontakion - Resurrection (Tone 7)
The dominion of death can no longer hold men captive, * for Christ descended, shattering and destroying its powers. * Hell is bound, while the Prophets rejoice and cry: * "The Savior has come to those in faith; // enter, you faithful, into the Resurrection!"

Glory...

Kontakion - St. Eustathius (Tone 2)
Having openly imitated the Passion of Christ, * and having eagerly drunk of His cup, O Eustathius, * thou becamest a partaker and fellow-heir of His glory, // receiving divine forgiveness from on high from the God of all.

Now and ever…

Kontakion - Exaltation of the Cross (Tone 4)
As Thou wast voluntarily raised upon the Cross for our sake, * grant mercy to those who are called by Thy Name, O Christ God; * make all Orthodox Christians glad by Thy power, * granting them victories over their adversaries // by bestowing on them the invincible trophy, Thy weapon of peace!

The readings of the day are proclaimed after the choir and faithful sing the Trisagion.

Prokeimenon - Resurrection (Tone 7)
Extol the Lord our God: / worship at His footstool for He is holy! *(Ps. 98:5)*
v. The Lord reigns, let the people tremble! *(Ps. 98:1a)*

Epistle: Galatians 2:16-20; 2 Corinthians 6:1-10
Brethren, knowing that a man is not justified by the works of the law but by faith in Jesus Christ, even we have believed in Christ Jesus, that we might be justified by faith in Christ and not by the works of the law; for by the works of the law no flesh shall be justified. But if, while we seek to be justified by Christ, we ourselves also are found sinners, is Christ therefore a minister of sin? Certainly not! For if I build again those things which I destroyed, I make myself a transgressor. For I through the law died to the law that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me. // We then, as workers together with Him also plead with you not to receive the grace of God in vain. For He says: "In an acceptable time I have heard You, and in the day of salvation I have helped You." Behold, now is the accepted time; behold, now is the day of salvation. We give no offense in anything, that our ministry may not be blamed. But in all things we commend ourselves as ministers of God: in much patience, in tribulations, in needs, in distresses, in stripes, in imprisonments, in tumults, in labors, in sleeplessness, in fastings; by purity, by knowledge, by longsuffering, by kindness, by the Holy Spirit, by sincere love, by the word of truth, by the power of God, by the armor of righteousness on the right hand and on the left, by honor and dishonor, by evil report and good report; as deceivers, and yet true; as unknown, and yet well known; as dying, and behold we live; as chastened, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

Alleluia Verses
v. Remember Thy congregation, which Thou hast gotten of old! *(Ps. 73:2)*
v. God is our King before the ages; He has worked salvation in the midst of the earth! *(Ps. 73:13)*

Gospel: Mark 8:34-9:1, Matthew 25:14-30
When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels." And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power." // For the kingdom of heaven is like a man traveling to a far country, who called his own servants and delivered his goods to them. And to one he gave five talents, to another two, and to another one, to each according to his own ability; and immediately he went on a journey. Then he who had received the five talents went and traded with them, and made another five talents. And likewise he who had received two gained two more also. But he who had received one went and dug in the ground, and hid his lord's money. After a long time the lord of those servants came and settled accounts with them. So he who had received five talents came and brought five other talents, saying, 'Lord, you delivered to me five talents; look, I have gained five more talents besides them.' His lord said to him, 'Well done, good and faithful servant; you were faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord.' He also who had received two talents came and said, 'Lord, you delivered to me two talents; look, I have gained two more talents besides them.' His lord said to him, 'Well done, good and faithful servant; you have been faithful over a few things, I will make you ruler over many things. Enter into the joy of your lord.' Then he who had received the one talent came and said, 'Lord, I knew you to be a hard man, reaping where you have not sown, and gathering where you have not scattered seed. And I was afraid, and went and hid your talent in the ground. Look, there you have what is yours.' But his lord answered and said to him, 'You wicked and lazy servant, you knew that I reap where I have not sown, and gather where I have not scattered seed. So you ought to have deposited my money with the bankers, and at my coming I would have received back my own with interest. Therefore take the talent from him, and give it to him who has ten talents. For to everyone who has, more will be given, and he will have abundance; but from him who does not have, even what he has will be taken away. And cast the unprofitable servant into the outer darkness. There will be weeping and gnashing of teeth.'

Instead of "It is Truly Meet…," we sing:
Magnify, O my soul, the most precious Cross of the Lord!
Thou art a mystical Paradise, O Theotokos, who, though untilled, hast brought forth Christ; through Him the life-bearing wood of the Cross was planted on earth. Now at its Exaltation, as we bow in worship before it, we magnify thee.

Communion Hymn
The light of Thy countenance has been signed upon us, O Lord. *(Ps. 4:7)*
Alleluia, Alleluia, Alleluia!

Please let the choir partake of Communion first, so they can return to the loft and continue singing. Thank you.

Please keep the following in your prayers:

General Prayers: All victims of wars throughout the world, especially in Ukraine, Gaza, and Sudan. Victims of violence, disaster, and disease. Those who rely on FOCUS Minnesota for assistance.

For the health of: Archpriest Myron; Archpriest Gregory; Mtka Elaine; Reader Elias; Polly; William; Rachel; Patricia; Thomas; Karen; Loraine; Cindy; Romanos; Darlene; Marc; Amanda; Natalie; Alexis; Nancy; Mark; John; Alexander; Bob; Jane; Avian; Mary Ann; Alexander; Deborah; Hazel; Reader Daniel; Nick; David; Diane; Nicholas; Michelene; Victoria; David; Gregory; Michael; Steve; Nino; Daniel; John; Maria; Mary; Darlene; Kathryn; Samuel; Cassandra; Joseph; Caleb; Larry; Kim; Donna; Julie; Alexei; James; Kelly; Seth; Julia; Jojo; Joni; Sophia; Amy; Jonathan.

For the expectant parents and the children to be born of them: Robbie & Shelby; Mark & Christi; Sarah & Lucas; Sasha & Eric; Anna & Steven; Jillian & Andrew.

Eleni and John and the child born of them.

For those serving in the armed forces: Alexander; Alexandra; Nicholas; Zachary.

For the newly departed: Protodeacon Alexei; Patricia

For the repose of the souls of: Metropolitan Leonty; Archpriest Karp; Archpriest Vladimir and Matushka Virginia; Archpriest Anastasy; Archimandrite Roman; Mary; Subdeacon Joseph; George. May their memory be eternal!

If you have a loved one in the hospital or in need of prayer, please notify the Office (office@stmarysoca.org)

September Parastas: William Z. (26 yrs); Liah G. (29 yrs); Archpriest Sergei G. (5 yrs); Hieromonk Seraphim R. (44 yrs); Anna Z. (3 yrs); Evgenia M. (18 yrs); Varvara L. (48 yrs); Iya S. (8 yrs); Marina M. (51 yrs); Protodeacon Alexei D. (40 days); Naeim H.

Stay Connected with St. Mary's:

The Cathedral sends out important information via email, along with each week's Messenger and the Monthly Bulletin in .pdf format. To receive these communications, send your email address to office@stmarysoca.org. If your home address or phone number has changed or you are not receiving the weekly email, please update your contact information with the office.

St. Mary's Orthodox Cathedral • Minneapolis

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Church Office: 612-781-7667 office@stmarysoca.org
(24 hour voice mail system at the church office and the rectory)
www.stmarysoca.org

His Beatitude, **Metropolitan Tikhon**
Ruling archbishop of the Orthodox Church in America (www.oca.org)

His Eminence, **Archbishop Daniel**
of Chicago and the Diocese of the Midwest (www.domoca.org)

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260-403-3219 frandrew@stmarysoca.org

Archpriest Benjamin Tucci, *Assistant Priest / Youth Director*
612-599-1125 frbenjamin@stmarysoca.org

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frwilliam@stmarysoca.org

Archpriest John Schroedel
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Protodeacon Mark Griffin
Protodeacon Gregory Krutchek

Deacon David Kostick
Deacon Philip Wagner
Deacon Joshua Ford

Music Director
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Subdeacon Michael Varian
mike@varian.io

Church School Directors
Sophia Miller, Sarah Varian, Anna Memorich
churchschool@stmarysoca.org

Retired Clergy
Archpriest Andrew Morbey

Archpriest Richard Flom

Archpriest Gregory Grivna

Archpriest Gregory Krutchek

Archpriest Myron Manzuk

Archpriest Andrew Jaye

Archpriest Jonathan Proctor

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This Week at St. Mary's Cathedral

Please refer to our website for service and event information and all scheduling updates.

Fri., Sept 18
Church Office and Parish Center open: 10:00-12:30 p.m., 1:00-3:00 p.m.

Sat., Sept 19
5:00 p.m. Cathedral **Great Vespers** Reader: Shared
Church Office and Parish Center CLOSED

Sun., Sept 20
7:45 a.m. Cathedral **Matins** Reader: Shared
9:00 a.m. Cathedral **Divine Liturgy** Reader: Sara Ann Pogorely
4:30 p.m. Cathedral Wedding
Church Office and Parish Center CLOSED

Mon., Sept 21
Church Office and Parish Center CLOSED
7:00 p.m. Parish Center Board Meeting

Tues., Sept 22
1:00 p.m. Online Bible Study w/ Fr. Andrew
7:00 p.m. Online Bible Study w/ Fr. Andrew
Church Office and Parish Center CLOSED

Wed., Sept 23
6:15 p.m. Cathedral **Daily Vespers** Reader: Shared
7:00 p.m. Choir loft Choir Rehearsal
Church Office and Parish Center open: 10:00-12:30 p.m., 1:00-3:00 p.m.

Thurs., Sept 24
9:00 a.m. Cathedral **Divine Liturgy**
1:00 p.m. Cathedral Wedding
Church Office and Parish Center open: 10:00-12:30 p.m., 1:00-3:00 p.m.

Fri., Sept 25
Church Office and Parish Center CLOSED

Sat., Sept 26
12:00 p.m. **TASTE OF NORTHEAST**
5:00 p.m. Cathedral **Great Vespers** Reader: Shared

Sun., Sept 27 Martyr Callistratus & Companions
8:30 a.m. Cemetery **Divine Liturgy** Reader: Julie Moricz (Hours) Diane Thornton (Epistle); youth readers (post-communion)
9:00 a.m. Cathedral **Divine Liturgy** Reader: Roberto Toro
No Church School
No Coffee Hour
12:00 p.m. **TASTE OF NORTHEAST**

Orthodox Church in America

DIOCESE OF THE MIDWEST

Tuesday, 15 September 2026
Greatmartyr Niketas the Goth
№. 174

ARCHPASTORAL APPEAL OF THE MOST REVEREND DANIEL ARCHBISHOP OF CHICAGO AND THE MIDWEST SUPPORT OUR SEMINARIANS 2026

Dear Fathers,

I recently wrote to you and to all the faithful of our beloved Diocese of the Midwest regarding our annual Support Our Seminarians (SOS) Appeal. Held each September, this appeal enables the Diocese to assist our seminarians with tuition expenses at both of our OCA seminaries.

Parishes support the appeal in various ways, including special collections, direct gifts, and fundraisers. The method is best determined by you and your parish leadership. What matters most is that we do all we can to support our seminarians during their theological studies and priestly formation, helping them begin their first assignments with little or no educational debt.

Many of you experienced financial hardship after leaving seminary and while beginning service in your first parishes. Having faced those challenges yourselves, I am confident that you share my desire to spare those now following you into parish life and ministry from similar burdens.

This year, we have experienced a significant increase in the number of seminarians preparing to serve in the Diocese of the Midwest. It is the hope of all of us that this will continue into the future. The growing number of men who desire to serve Christ and His Church in the holy priesthood is a great blessing - one that calls for our grateful and generous response.

I therefore ask for your support in caring for these men and their families. Please do all you can within your parishes to encourage both prayerful and financial support for them through participation in this year's SOS Appeal. **Proceeds from your parish SOS Appeal should be sent to the Diocesan Treasurer (Subdeacon Dimitri Pletz; treasurer@domoca.org), noting that the monies are for Seminarian Support.**

Be assured of my prayers and gratitude for you and for your faithful service to Christ's Holy Church in the Diocese of the Midwest.

With love in Christ,

+Daniel

DANIEL
Archbishop of Chicago and the Midwest

917 North Wood Street • Chicago, Illinois 60622 • 312-202-0420 • www.domoca.org

St. Mary's News & Information

Parish Center Fire Drill TODAY

A fire drill will be held at the Parish Center at the end of Church School Today, September 20. Parents should go to their child's classroom as usual for pickup. At the end of Church School, the fire alarm will sound. Everyone should calmly leave the building and gather on the east side of the Parish Center parking lot. Parents can leave with their child's class. Teachers will remain with and supervise their classes at the assembly area until each child is released to a parent or guardian. Parents may pick up their children from their teachers at that location. Those in the Dining Room should exit through the doors leading into the hallway and then leave the building through the east or west exterior doors. For this drill, the north emergency exit doors in the Dining Room will not be used. Thank you for your cooperation as we practice our emergency procedures.

"Being human, we sin every day, but St Paul consoles us by saying 'renew yourselves' from day to day. This is what we do with houses: we are constantly repairing them as they break down. You should do the same thing to yourself."

~ St. John Chrysostom

Upcoming Weddings

Liam Edgar and Naomi Gaetano will be married at the Cathedral *today* at 4:30, and Peter Miller and Sophia Jideofor will be married at the Cathedral *this Thursday*, September 24 at 1:00 PM. Brianna Thorsen and Evan Pallanasch will be married in two weeks, on October 4 at noon. On Saturday, October 10, Emily Labine and Chris Catterson will be married at the Annunciation Chapel at 2:00 pm, and David Lucs and Bobbie Bornhoeft will be married Sunday October 11 at the cathedral at 2:30 pm.

Choir Rehearsals

Regular choir rehearsals began September 9. We start at 7:15 and go until 8:45 Wednesday evenings moving forward.

Beautification Work Day, October 17

Our parish home improvement project continues as we update the landscape of both parish homes. We need YOUR help planting trees, shrubs, plants, etc. on the property on Saturday, October 17. Under the direction of Tom Brinda, we will work from 9:00 am - 3:00 pm. If you're interested, please email Alice Woog at alicewoog@gmail.com if you would like to work a morning shift (from 9-12 pm) or afternoon (12-3 pm). Lunch will be provided to all volunteers. Your stewardship is greatly appreciated.

Olive Shoot Cathedral Shop

Our parish is of historical importance to Orthodoxy in North America. Founded 139 years ago, here began the mass conversion of many Eastern Christians in communion with Rome to the Orthodox church. Here was built the North American Orthodox Seminary where many students and future clergy were educated. Here stood future saints. Parishioners were self-sacrificing and pious people, proud of their faith and their church. They chose the name St. Mary's, and our name day is celebrated on the Feast of the Protection of the Theotokos. Stop in and let the icon of the feast be a reminder of her sheltering us through her holy prayers. Learn the stories of some of the early pioneers of St. Mary's and be inspired and proud of your church!

Ministries Updates

Visitation Ministry: If you or a loved one is a member of St. Mary's and are homebound or in senior living or assisted living, call the church office at 612-781-7667 to request a visit from Fr. Andrew, Fr. Ben and/or a member of our Visitation committee. If you would like to participate in this ministry as a visitor, please call Mary Thell at 612-599-9198.

Library: The church library (located on the upper level of the Parish Center) will be open on Sundays from 10:45am to noon. Come in and check out books on topics like Intro to Orthodoxy and Lives of Saints. We are also looking for volunteers to help on Sundays with greeting people or helping questions: please email library@stmarysoca.org if you're interested.

Perohi Update
A huge thank you to everyone who turned out for our last September work day! We had a record 31 people show up, and we could not be more grateful for such a fun and fruitful time together. Our next public sale will be during Taste of Northeast September 26th and 27th, and our next work dates will be October 5th and 6th. Email Janice Strauss (jmbstrauss@gmail.com) with any questions.

Basket Raffle / Silent Auction Wish List
One way to support the Taste of NE Festival is to make a contribution to the Basket Raffle / Silent Auction. We are looking for new items (small appliances, power tools, games, wireless speakers, sports equipment, kids toys and games, bicycles, Lego kits, pet baskets), gift cards, or tickets (sporting events, movie theaters, concerts). If you prefer, we are happy to accept cash donations and do the shopping for you! Please call or text Jo Anne Korluka at 612-710-8294. We would appreciate your donations submitted by September 9th.

Cash Raffle
The Cash Raffle is back at this year's Taste of Northeast Festival. Tickets will be available for sale at coffee hour starting Sun. Aug 30 and will continue through the Festival. We are looking for some "super sellers" willing to check out a block of tickets to sell at work, school, gym, or to neighbors, friends, or community members. If you would like to be a super seller, please contact Cindy Huber (chuber29@gmail.com) or Natalie Tangen (Natalie.tangen@gmail.com).

Taste of Northeast BOOK SALE
Taste of Northeast is hosting the book sale again this year and is now accepting donations. Please feel free to drop donations off inside the Gym on the table named Book Sale Donations. If you would like to help with the book sale in any capacity, please reach out to John Jurichko!

Calling all Bakers and Pie Makers!
It's time to break out those favorite made-from-scratch pie and specialty dessert recipes for "The Sweet Tooth" booth during the Taste of Northeast Festival! This year, we will be selling our pies and desserts throughout the festival on Saturday AND Sunday. We are expecting a large crowd and want to satisfy their sweet tooth, so we need many hands to make that happen!

Join Us in Prayer on The Encounter App!
The Encounter Orthodox prayer app by Faithtree Resources is the perfect companion to help you build a meaningful habit of prayer. The app has daily prayers, Scripture, Psalms, and Saints lives in audio and text form. All of this and much more in one peaceful place, helping you dive in wherever you are! The app is perfect for families and those looking to establish a prayer life. Download the Encounter Orthodox prayer app with the QR code below

iPhone Android

Bulletin & Messenger Submissions

Items for the weekly St. Mary's Messenger should be submitted by *9 a.m. on **Tuesday***. Please email all items to office@stmarysoca.org with the name of your event, a brief description, along with the day(s), time(s), location, and cost. Content submitted may be edited for placement and will be included as often as possible, space pending.

Upcoming Events

Masquerade and Merlot
Join us for the Lynn Olson Medical Crisis Program fundraiser on Thurs. October 29, 6:00-9:00 pm at St. Mary's Orthodox Cathedral. Purchase tickets here or with the QR code:

Pastoral Reflection

Following the consecration of the Holy Gifts, we offer a litany of prayers that culminates in the Lord's Prayer. At the center of the Sermon on the Mount, Jesus gives His disciples a simple and direct instruction: "Pray, then, like this: Our Father, who art in heaven.…" The Lord's Prayer is therefore not merely one prayer among many, but the model and heart of Christian prayer.

Jesus begins with the words "Our Father." The Aramaic word Abba is an intimate and affectionate way of addressing one's father, somewhat like "Papa." It expresses the loving trust of a child for a father. Through Christ, we approach God not as frightened slaves, but as beloved sons and daughters. As Saint Paul writes, we have received "the Spirit of adoption by whom we cry out, 'Abba, Father.'"

This intimacy with God is both a gift and a holy privilege. Before praying the Lord's Prayer in the Divine Liturgy, the Church asks God to "count us worthy, with boldness and without condemnation," to call Him Father. Through the love of God the Father and the grace of the Holy Spirit, we receive this boldness, are united to Christ, and are enabled to pray as members of God's family.

With love in Christ,
Archpriest Andrew Jarmus, Dean
St. Mary's Orthodox Cathedral