

The Cathedral Monthly Bulletin



St. Mary's Orthodox Cathedral • A parish of the Orthodox Church in America • Diocese of Chicago and the Midwest • Founded in 1887

SEPTEMBER 2025 • VOLUME 72 • NUMBER 9





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612-781-7667**

(24 hour Voicemail System
at the Church Office)

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Ruling Archbishop of the
Orthodox Church in America

His Eminence, **Archbishop Daniel**
of Chicago and the Diocese
of the Midwest

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Dean
frandrew@stmarysoca.org

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Deacon Philip Wagner
Deacon Joshua Ford

Attached / Retired Clergy:

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Archpriest Richard Flom
Archpriest Gregory Grivna
Archpriest Gregory Krutchek
Archpriest Myron Manzuk

Kirsten Rohmann & Julie Miller
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churchschool@stmarysoca.org

A monthly publication of
St. Mary's Orthodox Cathedral
1701 Fifth Street NE
Minneapolis, MN 55413

Pastoral Reflection

In our Christian journey, it's important to immerse ourselves in the routines of our faith. We diligently attend church services, set aside time for prayer, participate in fasting, and engage in various spiritual disciplines. But amidst all these activities, we can sometimes lose sight of the fundamental reason behind our devotion: our love for God and our desire to experience His love more deeply. As the Holy Apostle John reminds us, "We love because He first loved us" (1 John 4:19).

Too often, we fall into the trap of treating our faith like a checklist. We tick off boxes for each prayer said, each scripture read, and each service attended. While these practices are valuable, they were never meant to be the end goal. They are merely pathways that lead us to a more profound connection with our Creator. The essence of Christianity isn't about fulfilling obligations or engaging in a transactional relationship with God. At its core, our faith is about love—a deep, transformative love that flows both ways between us and our Heavenly Father. As Christ Himself taught: "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment" (Matthew 22:37–38).

Centering our faith on experiencing God's love allows us to heal and mature spiritually. As we open ourselves to His love, we become more capable of extending that love to others. Our relationships improve, our perspective on life's challenges shifts, and we find ourselves becoming more aligned with God's purpose for our lives. It's important to remember that this journey of experiencing God's love is ongoing. It's not a destination we're going to reach and then stop. As St. Paul teaches, "The love of Christ compels us" (2 Corinthians 5:14), drawing us constantly deeper into communion with Him.

The reason we should keep showing up in our faith journey is both simple and profound: we love God, and we want to experience His love in ever-deeper ways in our lives. This love is the foundation, the motivation, and the ultimate reward of our Christian walk. As we embrace this truth, we'll discover a faith that is vibrant, meaningful, and truly transformative in every aspect of our lives.

Love in Christ,

- Fr. Andrew Jarmus

President's Column

Coffee Hour – We Need Your Ideas

As you know, we've been struggling to find enough volunteers to host coffee hours. It's important that this ministry be organized, functional, and shared more evenly among our parishioners. I'm asking for your ideas regarding: how we can encourage more people to host or help, identifying any obstacles that might prevent participation, whether we should try new formats, menus, or sign-up systems, ways to make coffee hour more fun, welcoming, and easy to run.

Please share your thoughts with me by email, phone, or in person. I will bring all suggestions to a committee for review and, hopefully, implementation.

Thank you, Scott Boris

President@stmarysoca.org
952-292-4306

Choir Notes

(Someday) Saints Who Sing Over the past few months in this column I have been sharing the lives of saints who are recognized by the Orthodox Church as hymnographers and musicians, and there are several more that we will highlight over the next few months.

But today I want to take a slightly different approach. In July I was blessed to spend a week serving at St Mary's Summer Camp. It was my 6th time at this camp, although I have spent countless weeks over the past 50 years at Orthodox Church Camps throughout the US. One of my main duties at St Mary's Camp is leading the singing at our liturgical services. We have camp style Matins and Vespers each day and also serve the Divine Liturgy on Sunday and Thursday mornings. The music and readings for all of these services are sung by the campers themselves, with support from our counselors and administrative staff. But each day the Epistle, Synaxarion, and various verses to responsorial psalms are intoned by the campers themselves. Imagine over 320 people uniting their voices to praise God. To participate in the services at camp is truly a joyous and uplifting experience.

We also sing hymns as people enter and leave chapel to keep our minds focused on Christ and the beauty of our hymnology. Many counselors & parents share with me, both during and after camp, that the young people in their care often sing the hymns from camp at other times of the year.

These young people, each made in the image & likeness of God, are indeed called to sainthood and with a continued focus could someday become Saints Who Sing.

The music at camp is a mixture of both Byzantine style hymns, with a single melodic line, as well as 4-part harmony that is more common to the tradition here at St Mary's Cathedral. And our Camp Service Book references some names that may be familiar to you – Bishop Basil (Essey) from the Antiochian Archdiocese and our own beloved former choir director Resa Ellison, who sadly passed away while serving our community. Two more individuals who could someday be recognized as Saints Who Sing.

But our own cathedral choir has a vast library of music which is sung during Liturgy and other services and many of these selections were arranged by people you know. People who have also dedicated their lives to the hymnology of our faith. Have you noticed the new Vouchsafe O Lord the choir has been singing – that was written by our own David Lucs who grew up in this parish and returned to the Twin Cities to bless us with his talent. Does the name Wesche ring a bell to anyone? Both Mark (our current talented choir director) & his brother Sean have arranged hymns which our choir sings both on Sundays and in concerts. There is a version of the

Saturday evening prokeimenon from Vespers that we often sing which was arranged by Fr Paul Jannakos. Many of you probably remember when Fr Paul served our parish and his son, daughter-in-law, and grandchildren are active members of the Cathedral. Zach Mandell has worked his magic on some of the selections you hear throughout the year. And, of course, Fr Gregory Ealy's name appears on several selections in the choir binders. All talented individuals and all someday Saints of our Faith.

So next time you are in church just think that the hymn you are hearing was arranged by someone who someday could be glorified as a Saint Who Sings.

- Julie Moricz

September Choir Schedule

- Wednesday, Sept. 10 - Choir Rehearsal at 7:00 p.m.
- Wednesday, Sept. 17 - Choir Rehearsal at 7:00 p.m.
- Wednesday, Sept. 24 - Choir Rehearsal at 7:00 p.m.

September Sunday Reader Schedule

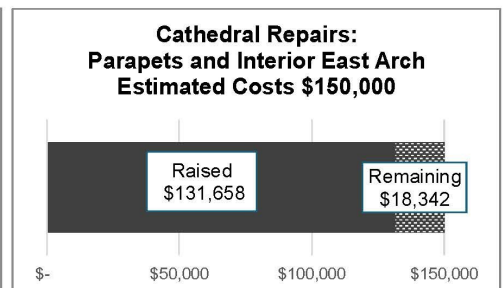
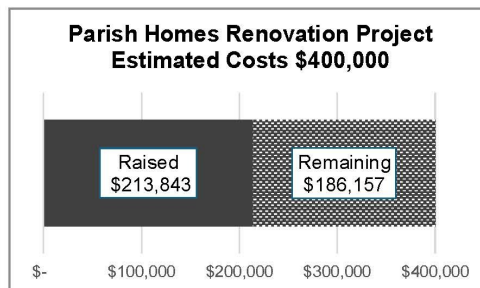
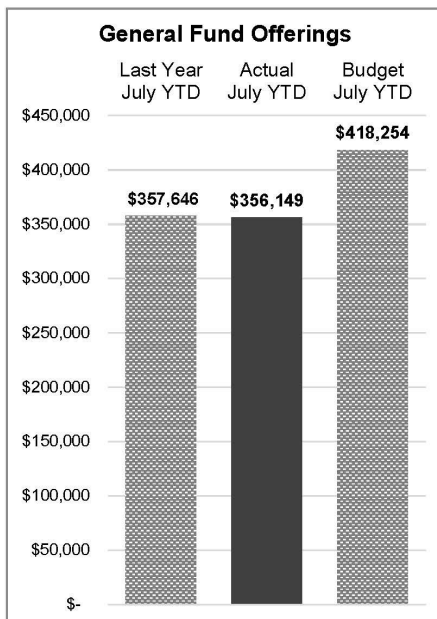
- Sunday, Sept. 7 - Liturgy (Sarah Varian)
- Sunday, Sept. 14 - Liturgy (Julia Moricz)
- Sunday, Sept. 21 - Liturgy (JoAnn Lucs)
- Sunday, Sept. 28 - Liturgy (Marilyn Grant)

September Birthdays

May God Grant you Many Years!

- | | |
|------------------------|---------------------------|
| 2 - Polly Walker | 18 - Dn. Gregory Krutchek |
| 7 - Nancy Russell | 20 - Lynn Barnes |
| 9 - Sophia Shuran | 20 - Deb Chagnon |
| 13 - Nina Stenach | 24 - Sandra Dennis |
| 18 - Kyrsten Theodotou | |

ST. MARY'S FINANCIAL RECAP AS OF JULY 31, 2025



NOTE:

To keep parishioners informed on St. Mary's financial status, monthly updates will now be provided for General Fund offerings, as well as donations to the Parish Homes and Cathedral Repair Funds. As a reminder, you can look at the church website for information on ways to donate:

<https://stmarysoca.org>

Thank you so much for your generous donations and support of St. Mary's Orthodox Cathedral!

Venmo QR Code



September Youth & Families News

- **Registration:** Registration this year will be completed in person on paper. Registration will take place on **September 7 & 14** after Liturgy at the Parish Center.
- **The first day** of Church School is **September 14, 2025**.
- The monthly **Family calendar** will be emailed to registered families and printed in St. Mary's monthly bulletin. Please take note each month in order to stay up to date with events. Questions? churchschool@stmarysoca.org
- **NEW! High school seniors** will have the option to participate in service opportunities instead of a traditional church school experience. Senior advisors, Mark Wesche and Fr. Andrew Jarmus, will reach out to our registered high school seniors.
- **NEW! Students in grades 9- 11** will meet as a high school class. This high school class will be a combination of classroom learning and parish community engagement. Teachers, Melissa Jannakos and Tim Monko, will provide more details on their first day of class.
- **NEW! Grades 5 and 6** will meet as two separate classes and no longer as a combined class.
- **NEW! The Saints**, students in grades 6-12, will meet monthly during Church School time. **Saints** advisors, Fr. Jason Ketz and Chris Gulachek will be sending more information out to these families.
- **NEW! Parents/guardians and their children under aged 3** are invited to participate in a monthly **storytime** during Church School. Storytellers, Marian Gorgy and Megan Monko, will post information in the play area at the back of the dining room and in the weekly messengers.
- **NEW! Faith Night** is a new opportunity for our youth and families to connect and grow in faith during the week. [See the calendar for dates and topics.](#)
- **RETURNING! Ethnic Dance** for students aged 5-16. Dance instructors, Lara Ciganko Balach and Karen Varian, are looking forward to welcoming dancers, no experience is required! For more information contact Lara at imgypsymoondancer@yahoo.com.

2025-26, St. Mary's Family Calendar

For up-to-date information, go to stmarysoca.org and click on *Schedule of Events*.

SEPTEMBER 2025			OCTOBER 2025		
SEPT 1	CHURCH NEW YEAR		OCT 1	<u>PROTECTION OF THE THEOTOKOS,</u> Parish Altar Feast Day with Archbishop Daniel Vigil on the evening of Sept. 30. Entrance & Vesting 8:30 AM Hierarchical Liturgy: 9:00 AM	
SEPT 7	11:00-11:45 am	Altar Server & Communion Assistants Training Workshop* Participating students will receive a separate email from the Communion Assistant & Altar Server leads.		7:00 pm	Faith Night: Parish Dinner
	11:00 am-12:00 pm	Church School Registration Teachers Meeting with Brunch			
SEPT 8	<u>NATIVITY of the THEOTOKOS,</u> Matins: 7:45AM; Liturgy: 9:00 AM		OCT 5	11:00-11:45 am	<i>Saints</i> Meeting, (Grade 6+) Stage
				11:45 am-12:30 pm	Ethnic Dance, Ages 5-13, PreK classroom
SEPT 10	7:00 pm	Faith Night: Q&A with Fr. A	OCT 8	7:00 pm	Faith Night: It takes a village
SEPT 14	<u>EXALTATION OF THE CROSS,</u> Matins: 7:45AM; Liturgy: 9:00 AM Vespers evening before; Cross entrance at Matins before Liturgy		OCT 11	TBD	<i>Saints to Valley Fair</i> , (Grade 6+)
	11:00-11:45 am	FIRST DAY OF CHURCH SCHOOL CLASSES	OCT 15	7:00 pm	Faith Night: Focus on FOCUS
	11:45 am-12:30 pm	Ethnic Dance, Ages 5-13, PreK classroom	OCT 17-19		<u>Family Camp</u> Family Camp Wapo, Amery, WI
SEPT 17	7:00 pm	Faith Night: Living our Faith	OCT 22	7:00 pm	Faith Night: Living our Faith: Faith in a Digital Age
SEPT 24	7:00 pm	Faith Night: Film Night	OCT 26	11:45 am-1:30 pm	Fall Festival , Families, Gym
SEPT 26 & 27	<u>TASTE OF NORTHEAST PARISH FESTIVAL</u> Friday, 5PM-9PM; Saturday, 11AM-7PM <i>Saints</i> helping with festival		OCT 24	7:00 pm	Faith Night: A closer look at scripture: "Why did Paul write Thessalonians?"

Faith Nights

Join us every Wednesday this fall (Sept. 10-Dec 17) for Faith Nights. We will begin the evening at 6:30 p.m. with an Akathist prayer service in the Cathedral, followed by 7:00 pm fellowship and light refreshments in the Parish Center.

At 7:30 p.m., we will gather in the dining hall for a reflection and discussion on various faith-based topics, concluding around 8:15 p.m.; while catechumens, inquirers, or those new to the Orthodox faith will be invited to participate in a catechism class, held concurrently, in another area of the parish center. We plan to explore several topics this fall – some weeks will be focused on scripture; other weeks we will discuss what it means to be an Orthodox Christian today; still other weeks will be for reflections on our Christian history and traditions. In September, we will also have the opportunity to screen a film on St. Peter the Aleut! We will also feature monthly "youth break-out" sessions, where our 6th-12th grade students will have similar, but separate discussions.

Those who have questions, suggestions, or who might be interested in presenting a topic are encouraged to contact Fr. Jason Ketz at 763-257-2067; frjason@stmarysoca.org We look forward to seeing you on Wednesday evenings, starting on September 10.

Olive Shoot Update

The end of summer seems to always bring mixed emotions for us at the Olive Shoot. As we love our summers, there is always something exciting to the beginning of another church calendar year! Supplies have been ordered, a few changes made here and there, and with excitement and anticipation, we look forward to seeing old friends and meeting new ones! Your Cathedral Shop will re-open Sunday, September 14, from 10:30 a.m. – 12 p.m. We will be open during the Taste of Northeast Festival on Saturday, September 27, from 10 a.m. – 6 p.m.

Women's Club

We would like to invite all women of our Parish to join us as we kick off yet another Women's Club season on Thursday, Sept. 4, at 6:30 p.m. Food, beverages, fellowship & fun will be provided.

Save the Date

On September 7, St. Mary's Mission Committee will host a special coffee hour to raise funds to support Orthodox communities and project here and abroad. Stop by the missions' table to see some of the worthy causes your funds have supported in the past. With your generous donations we will be able to continue these endeavors and assist new and existing missionary efforts. If you would like to help our small committee sponsor this coffee hour, please sign up at the missions' table or email Karen at: schh99@msn.com. We would greatly appreciate donations of treats, or fruit, or cheese & crackers. Thank You!

Library Grand Opening!

The Grand Opening of St. Mary's Library will be Sunday, September 14, from 10:30 to noon. We have a lot to SHOW you along with some LITTLE surprises that hopefully COLOR your life with God's Grace! Please join us for this wonderful event! St. Mary's Library is located in the Parish Center on the second floor straight back to the left of the gym.

Iconography Workshop

As St. Mary's Cathedral once again sponsors the iconography workshop, Oct 5-11, you are encouraged to participate as students. The theme this year is Moses and the Burning Bush. A 10% tuition discount is given to parishioners. Contact Marilyn Johnson at mjohnson@alumni.umn.edu or go to <https://stmarysoca.org/iconography> for details.

St. Mary's Serves 311 Chicken Dinners at FOCUS!

Thank you to everyone who stepped up and helped our St. Mary's team serve a record 311 fried chicken dinners to those in need who came to FOCUS House on Sunday evening, August 3rd! Dustin Herzog greeted the crowd and supervised and Dn. Phillip, Tom and Karen Lietl distributed the meals to those lined up outdoors. Debbie Pound managed the kitchen and chicken

while Janice Strauss, Kay Wakaruk, Denise Stanoch, and Diane Stefanick added the potato salad, roll, veggie, and dessert. Joel Van Nurden and Anna Dapper added mandarins and bagged the meals. Jean Wagner added utensils and tabulated. Our very fast and efficient runners were Colette and Rudy Liedl. Thank you to those who donated cash and brought desserts: Paula Manzuk, Brinda family, Susan Imhoff, Deborah Manzoni, Joanie Balach, Irene Novak, Pat Skirka, Marilyn Grant, Barbara Leschisin, Gloria Olsen, Karen Doten, Anna Dapper Myra Toconita, David and Marilyn Johnson, Serie Brown, Deb Sterzinger, Diane Patiuk, and MaryAnn Tich. A HUGE thank you to our anonymous donor who once again paid for ALL the chicken in memory of his loved ones. And, just an FYI: We are still able to serve all the meals at a cost of less than \$3 per meal (thanks to careful shopping) and without any cost to the Cathedral. To donate toward our next meal this fall, please see Karen Schwebach. Your \$10 donation will buy 3 chicken dinners! Thank you and God bless!

Artificial Flowers & Plants at the Cemetery

Artificial flowers and plants are only allowed on Memorial Day, Mother's Day, Father's Day, and Christmas. They must be removed within 8 days after the holiday. This includes items on graves and headstones. Many artificial decorations are currently at the cemetery—please retrieve any that belong to you. Unclaimed items may be removed and discarded. Thank you for helping us maintain a respectful and natural setting.

Grief & Loss Support Group

Please note our next meeting is on Wednesday, September 23. The group meets usually meets the last Tuesday of each month from 7:00-8:00 p.m. at St. Mary's Parish Center. Questions? Please email Joni at stmarysgriefgroup@gmail.com.

Coffee Hour: Hosts Needed

To sign-up to host Coffee Hour visit: <https://bit.ly/coffee-hour-signup>. Please visit the sign-up and see if there is a Sunday you can volunteer to host. In the event that no one signs up for a given Sunday, we will still have a Coffee Hour, but only have coffee available. For more information about Coffee Hour and volunteering/hosting contact our new Coffee Hour Coordinator Agata McCutcheon (agatamcc@gmail.com). Thank you!

Intro to Orthodox Christianity Catechism Course - Fall 2025

Join us for our MEOCCA catechism course, Intro. to Orthodox Christianity, beginning on Tuesday, September 09, from 7:00-9:00 p.m. Catechism is open to all: people interested in learning more about Orthodox Christianity, inquirers, catechumens, and current Orthodox Christians as well. Classes will be held in person on Tuesday evenings at St. George Greek (1111 Summit Ave., St. Paul, MN) or via Zoom. Register here: <https://bit.ly/meoccaregister>. Learn more at www.meocca.org.

Faith Nights

**WEDNESDAY EVENINGS
10 SEPTEMBER - 17 DECEMBER 2025**

6:30P AKATHIST SERVICE

7:00P FELLOWSHIP
WITH LIGHT REFRESHMENTS

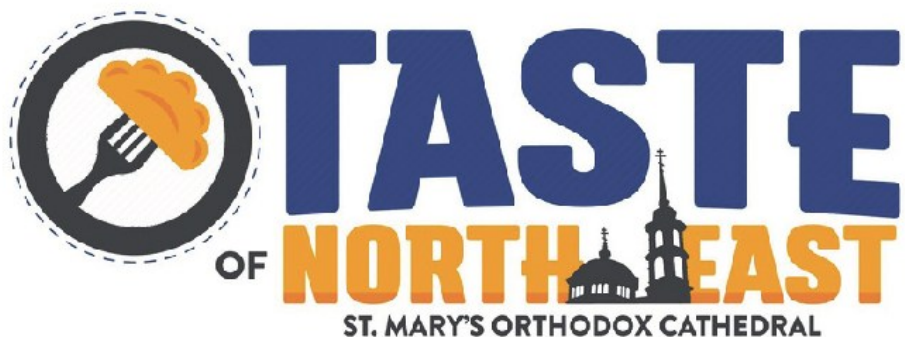
7:30P -8:15P EDUCATIONAL TALK
-OR-

7:30P-8:15P CATECHISM CLASS

Join us this Fall!

SEPTEMBER TOPICS INCLUDE:

ALL THAT THE PROPHETS HAVE SPOKEN: A CLOSER LOOK AT LUKE 24
WISE AS SERPENTS; INNOCENT AS DOVES - ORTHODOXY IN AMERICAN CULTURE
ST PETER THE ALEUT (FILM SCREENING)
SEPT 10 - YOUTH BREAK-OUT SESSION WITH FR ANDREW JARMUS



 facebook.com/StMarysTasteofNortheast/

 stmarys.taste.of.ne

SEP. 26: 5PM - 9PM

SEP 27: 11AM - 7PM

**Live Music, Ethnic Food,
Bingo, Raffles, Kids'
Activities, Marketplace, and
More!**



Perohi



Holubki



Ustipci



1701 5th St NE, Minneapolis, MN 55413



Taste of Northeast Festival Sponsors

PERSONAL:

- Mary Ann Brinda
- Betsy Langlais
- Dorothy Zurbey
- Walt Grivna
- Darryl Bourgerie
- JoAnne & Mike Korluka
- Joanne Ziek
- Tim & Debbie Nelson
- BETA-MU Chapter of the Kappa Sigma Fraternity, University of MN (Tent/table/chair set up and tear down).
- Jack & Irene Novak
- Chris & Gloria Olsen
- The Manzuk Family
- Sandy & Steve Tomczyk
- In loving memory of our beloved friend Diane Stenach
- Lynn & Will Bjornnes
- Jim Varian
- Fr. Myron & Paula Manzuk (gift card for basket raffle)
- Alice Woog & Jim Ebner
- Barb & Mike Pisansky

BUSINESS:

- Thomas J. Brinda Horticultural Consulting
- Kozlak-Radulovich Funeral Chapels
- Brad Langlais Hair
- Larson Dental
- Pryes Brewing
- Central Ave Liquor
- Jax Café
- Spring Street Tavern (gift card for basket raffle)
- Punch Pizza (gift card for basket raffle)
- Washburn-McReavy Funeral Chapels Cremation Services
- Earl Giles (gift card for basket raffle)
- Northsky Technology
- BLVD Autoworks
- Sysco MN
- Northeast Bank
- Elsie's Restaurant Bar & Bowling Center (giftcard for basket raffle)

- Dollhouse Pole Dance Mpls (gift card for basket raffle)
- Craft & Crew Hospitality/Stanley's (gift card for basket raffle)
- Leeann Chin (gift card for basket raffle)
- Walker Linn Team, Coldwell Banker Realty
- General Mills (basket raffle)
- Hormel (basket raffle)
- Gopher Athletics (football tickets for basket raffle)
- Hippy Feet (gift card for basket raffle)
- Locket Sisters (gift card for basket raffle)
- Embrace North (gift card for basket raffle)
- Lyn Olson Medical Crisis Intervention Program (basket raffle)
- Press Sure Print Inc/John Warian
- Chick-fil-A (gift cards for basket raffle)
- Discover Strength (training sessions for basket raffle)
- Theater Latte Da (basket raffle 2 tickets for to a show)
- Total Wine (basket raffle Private Wine Class for 20 people)
- Mrs Dessert & Kumpir (\$10 off coupon for basket raffle)
- Hourglass Psychotherapy
- Yellowbird Coffee Bar

MARKETPLACE:

- Willy's Branches
- Colibri Guatemalan Jewelry
- MN Integrative Health Studio
- Reblumed
- Rusin Association
- Great Commission Chocolate
- Backpack Project MN (providing survival backpacks filled with daily use items to young people experiencing homelessness in the Twin Cities Area).
- Claw Zone Park
- Two Crafty Chicks
- Champion Windows
- Suite Heart Vintage
- Colorburst Creations 3D printed Designs
- Bubs & Bubbles on the Spot T-Shirts

Volunteers Needed!

Please use the following link for signing up on the site. Everything that our festival provides and does for our parish, runs on the fact that we are all doing it together, so please sign up! There are many positions that also have requirements as well, so please be sure to read them carefully as some are age restricted. If you have any questions or suggestions about the sign-ups, please contact Sarah Varian at volunteers@stmarysoca.org.

Sign-up Here: <https://bit.ly/41pkoQM>



Taste of NE Festival Donations

The festival is still looking for donations on behalf of businesses and personal sponsorships, as well as marketplace vendors. If you or anyone else you know would like to donate or participate in the marketplace please use the QR code below to do so or request a paper copy at jdmowski@comcast.net.



Donate online here: <https://bit.ly/tasteofnedonate>

Book Sale Donations

Festival Book Sale Donations are requested: Please drop off books, CDs, DVDs, records, magazines, puzzles, and games in the parish center gym between August 3rd and September 21st. Please place a note on the bag or box indicating that it is for the "festival book sale." Please do not donate dictionaries, textbooks, or encyclopedias unless the published date is prior to 1922.

Basket Raffle Donation Wish List

One way to support the Taste of NE Festival is to make a contribution to the Basket Raffle. We are looking for new items which can include: gift cards from restaurants, salons, or retailers (grocery, home improvement, sporting goods, etc.). Tickets for sporting events, movie theaters, or concerts. Other ideas: small appliances, power tools, games, wireless speakers, sports equipment, kids toys and games, bicycles, Lego kits, or use your imagination. If you prefer, we will accept cash donations and do the shopping for you. Please call or text Jo Anne Korluka at 612-710-8294.

Perohi Update

Please put these **SEPTEMBER** dates for Perohi-making on your calendar: September 15 and 16. We are doubling our production in September to stock up and prepare for the festival. Please come help us as we prepare to serve our neighbors at the Taste of NE Festival!

Set-up and food prep on Monday begins at 7:30 a.m., forming the filling at 9:00 a.m. Set-up and dough making on Tuesday begins at 7:30 a.m., rolling, cutting, filling, pinching, cooking and packaging begins at 9:00 a.m. Please contact Janice Strauss (jmbstrauss@gmail.com) with questions. Thank you for supporting our Perohi ministry!

Holubki Helpers - We Need & Appreciate You!

No previous experience needed! Bring your apron, a smile and a few kind words - we'll provide the rest! Exact times will be listed in the parish weekly messenger.

- **Monday, September 22: Approx. 9:00 AM** - Core Cabbages - If you have a favorite sharp paring knife bring it along.
- **Tuesday, September 23: Approx. 9:00 AM** - Boil & prepare cabbage leaves, prepare meat mixture.
- **Wednesday, September 24: Approx. 9:00 AM** - Construct holubki & bake holubki.
- **Thursday, September 25:** Reserved for any last minute preparations if needed.

Thank You!

The Festival Kitchen Crew



The Church is Calling for Missionaries... You Can Send Them!

Be a part of the Trek4Missions and help the Mission Center to recruit, train, and send the people from our parishes and seminaries that will foster lasting spiritual and personal transformation through the Orthodox Faith and help welcome more people into the fullness of a life in Christ.

SUNDAY SEPT. 21, 2025

Support our St. Mary's team: THE MPLS GOLDEN TREKKERS by JOINING OUR TEAM or DONATING to support Orthodox Missions.

WHEN: Sunday Sept. 21, 2025 TEAM LUNCH in the Terrace Room at 1pm, followed by our TREK WALK around Lake Bde Maka Ska at 2pm.

WHERE: St. Mary's Greek Orthodox Church, 3450 Irving Ave So, MPLS

HOW: use the QR code to JOIN THE TEAM or to DONATE.

Contact Terri Leckas 612-710-0609, Maria Smith 612-581-7298 or Liam Boris 612-963-6893

LET'S GET TREKKING

www.ocmc.org/Trek4Missions



ORTHODOX CHRISTIAN
MISSION CENTER

TREK 4 MISSIONS

GOING THE DISTANCE TO SHARE THE FAITH



Personal Sponsorship Form

Please consider becoming a personal sponsor of the Taste of the Northeast Festival!

Dates: September 26th and 27th 2025

Please make your check out to "St. Mary's Taste of Northeast Festival". The memo can state "festival sponsorship". Checks can be mailed to St. Mary's Cathedral 1701 - 5th Street NE, Minneapolis, MN 55413. Your cancelled check is your receipt for your sponsorship!

Sponsorship Levels:

____ \$25
____ \$100
____ \$500
____ \$1000
____ Other:

Name: _____

Address: _____

Email: _____

Phone number: _____

For any questions please contact Chairman Joe Dmowski at jdmowski@comcast.net or at (612) 516-6110



Marketplace Registration Form

Thank you for your interest in the "Taste of Northeast Marketplace" hosted by St. Mary's Orthodox Cathedral (1701 - 5th Street NE, MPLS 55413) on Saturday, September 27, 2025. The Marketplace will be located outside of the Cathedral in the parking lot from 11:00 am - 5:00 pm.

Vendors will be responsible for any table coverings needed. Each vendor is welcome to bring additional tables but will need to contact the Taste of Northeast committee prior to the festival to ensure proper spacing and availability.

The festival start time is 11:00 am; we ask that the vendors be completely set up and ready for sales by 10:45 am and stay until 5:00 pm.

To reserve your spot at The Marketplace, please complete form and write a check to "St. Mary's Taste of Northeast Festival". The memo can state "marketplace vendor". Checks can be mailed to:

St. Mary's Orthodox Cathedral
ATTN Festival Marketplace
1701 - 5th Street NE
Minneapolis, MN 55413.

The deadline for submission is **Sept. 15, 2025**. For questions or further information, please contact:

Kirsten Rohmann - Taste of Northeast
Krohmann13@yahoo.com 612-965-9700

Please note: The festival reserves the right to refuse a business for any reason.

Registration Options:

_____ \$ 75 – Includes (1) 8 foot table, chair, and a 10' by 10' tent covering.

_____ \$ 65 – Includes one 8 foot table – vendor responsible for providing their own 10' by 10' tent covering and chair.

Business _____

Website or email _____

Contact Name _____

Contact phone number _____

Vatra Minnetonka & Picnic at The Marsh

ватра міннетонка та пікнік



RUSYN
ASSOCIATION



A Great Carpatho-Rusyn Minnesota Get Together

Saturday, September 13. RSVP required.

Free with potluck dish or \$10 members, \$20 non-members

Noon to 1:45pm Potluck Picnic & Presentation at The Marsh (15000 Minnetonka Blvd).

2:15 to 3:15pm Tour of Three Seas Cultural Garden & 1867 log cabin (16515 Minn. Blvd).

3:30pm Planting of wheat from Topol'a, Slovakia, birthplace of Alex. Duchnovich

4:00pm Vatra fire, Carpatho-Rusyn folk songs, stories from the homelands



Dine indoors at the conference center at Minnetonka's Marsh fitness center & spa.

Tour one of the oldest surviving Central European immigrant homes in Minnesota, built by the Zahalka family of Pardubice, now a demonstration garden.

Register by Sept. 7 via email to mglendillon@aol.com or

<https://www.signupgenius.com/go/10C0549A9AC2DA7FA7-57933113-vatra>



Taste of Greece Festival

St. Mary's Greek Orthodox Church will be hosting their annual Taste of Greece Festival!

When: Friday, 5 Sept, 2 - 9 pm

Saturday, 6 Sept, Noon - 9 pm

Sunday, 7 Sept, Noon - 5 pm

Where: 3450 Irving Avenue S., Minneapolis, MN 55408

Parking is Limited -Try to Carpool if able!

St. Mary's Romanian Orthodox Church Festival

Come join us for ethnic foods, music, dancing and more!

When: Saturday, 13 Sept, Noon - 7pm

Where: 189 Atwater St. W, St. Paul, MN 55117

St. Sahag Armenian Church Festival

The Mint Lemonade runs out fast! Go Early!

When: Saturday, 13 Sept, 11 am - 5 pm

Sunday, 14 Sept, 11 am - 2 pm

Where: 203 N. Howell St, St. Paul, MN 55104

St. Maron's Lebanese Festival

Festival features: Free admission & parking, our famous festival food, live Lebanese music (both days), fun & entertaining games for kids and adults, tradition Dabke dances by our Church Youth Group (2 & 4 pm daily), silent auction, cultural store featuring religious & traditional food items, and church tours.

When: Saturday, 13 Sept, Noon - 7 pm

Sunday, 14 Sept, 11 am - 6 pm

Where: 602 University Ave NE, Minneapolis, 55418

El Tonto Por Christo – Film Screening Near Minneapolis

Set along the windswept Texas Gulf, El Tonto Por Cristo follows a brotherhood of monks inching toward sainthood-struggling with the burden of their own condition. Told in luminous

black-and-white vignettes, the film offers a quiet unfolding of repentance, inviting viewers to participate in body, mind, and spirit. Woven with Orthodox imagination and inspired by European-style transcendental cinema, yet firmly rooted in the light, land, and silence of Texas, it becomes a cinematic pilgrimage for what it feels like to be Orthodox in America. The sensory experience is heightened by award-winning DP Hutch Crane, who brings a stark, poetic palette, and Emmy-nominated composer Michael Paraskevas, whose score blends Orthodox tonalities with Southern Gothic resonance for the theatrical screen.

When: Thursday, November 13

Where: Historic Heights Theater

Tickets: \$25.27 VIP - \$60.18 (early reservation encouraged)

VIPs are invited to a private meet-and-greet with the filmmakers before the screening. After the film, stay for a live Q&A and first access to limited, tour-only merchandise.



You're invited to our backyard to celebrate and support community care and connection. Join us Saturday, September 27, for Nordeast Rock the Block to enjoy music, brews, food and family-friendly fun! This event is East Side Neighborhood Services primary fundraiser for 2025! Come out to support the critical services we provide to the community - and bring your friends along! All proceeds benefit programs at East Side Neighborhood Services!

When: Saturday, September 27, 2-5pm

Where: East Side Neighborhood Services parking lot

Purchase Your Tickets! Early Bird: \$50 (Until Sept. 15); Regular: \$60; Day of: \$65; Kids 10 & under: Free.

Get more involved with YAL (Young Adult League)

As our YAL ministry continues to grow, we are looking to also grow our leadership board! We are so thankful to the board members who organize events for the young adults in the Twin Cities and are looking for additional help to continue hosting great events that bring our community together! We won't do a formal application process at this time, however, if you are interested in helping either as a board member or just on special projects, please let us know by emailing twincitiesyal@gmail.com. Based on your interests and what is needed, we will determine how you can help support our ministry. Baptized/Chrismated Orthodox young adults from all local parishes are welcome!

SAT. SEPT. 13
1-3 P.M.

Walk the two block radius on the sidewalk around Grace Center and St. Mary's Church. The more you walk, the more chances to win prizes!

Register today and let's get walking!

Grace Center for Community Life
1500 6th St. N.E. Mpls., MN 55413

WALK FOR HUNGER

A benefit to support Little Kitchen Food Shelf

This is a family friendly event!

- Water bottles and snacks provided
- Door prizes, raffles, sidewalk chalk, bubbles and more!
- Little Kitchen Food Shelf t-shirts will also be for sale. \$25 adult sizes \$15 youth sizes
- PayPal accepted t-shirts. Cash only for raffles
- Free parking and public restrooms on site

All donations will go directly to Little Kitchen Food Shelf.

REGISTRATION

Register online by Aug. 31 for a discounted rate:

- \$10 (ages 15 and up)
- \$5 (14 and under)

Register the day of the event using cash or PayPal

- \$15 (ages 15 and up)
- \$10 (14 and under)

ABOUT THE LITTLE KITCHEN FOOD SHELF (LKFS)

The LKFS serves all people regardless of address, income or housing status. In 2024, The Little Kitchen Food Shelf served 10,688 individuals with 92,850 pounds of food. This is a ministry of Grace Lutheran Church of Northeast Minneapolis in partnership with Mill City Church, Mt. Carmel Lutheran Church and Nativity Lutheran.

You may also donate online at givelvn.org/organization/grace-lutheran-northeast

For questions, contact 612-788-2444 or admin@gracenempls.org



REGISTER TO WALK OR VOLUNTEER!

Children under 18 must have parent/guardian permission to participate and those under 15 will need an adult chaperone during the event. This event will be held rain or shine (if severe storms, the event will be canceled). No pets please.



Little Kitchen FoodShelf

Connect Conference

Early Registration for Connect 2025 in Washington, D.C., October 3-5 is now OPEN! In 2023, we had a wonderful experience at the Connect conference in Minneapolis. Since then, we've sent a few people each year! This year, we look forward to connecting with other young adults in D.C.! This is open for ages 21 to 39. This includes keynote addresses from featured guests, Q&A sessions, social activities, and meals (Friday dinner, Saturday breakfast and social night, Sunday lunch). Ticket pricing does not include hotel accommodations. More information and registration can be found at: <https://www.connectorthodox.org/>.

LOCMP Gala Fundraiser

The Lyn Olson Medical Crisis Program (LOMCP) provides financial assistance to qualifying applicants through grants funded by individual donations and fundraising events. We envision a community caring together in helping to relieve stress in unforeseen medical circumstances. A LOMCP grant is paid out to the individual directly to vendors for the following needs: medical bill not covered by insurance; mortgage or rental company or utility company. If you or someone you know needs financial assistance due to a medical crisis, please go <https://www.lomcp.com/> and fill out the easy online application. We are here to help those in need! See the flyer below for Gala information.

Join us as we celebrate 10 years being a 501(c)(3) organization



2025 Gala in the Vineyard

Sunday September 21, 2025

3 -6 pm

RUSTIC ROOTS
WINERY

20168 St Croix Trail N ♦ Scandia, MN 55073

We are simplifying our process with the following changes:

A \$40 per adult donation is requested instead of handling tickets. There will be a cash bar and a live auction.

Donations can be made prior to the event using the venmo link



Cash, Check, Venmo and PayPal accepted at the door.

Your help in raising funds for those facing a medical crisis is greatly appreciated!

Holy Trinity Orthodox Church

Harvest Festival 2025

Sunday, September 21st, 2025

Serving from 11:30AM- 2:00 PM

Take out or dine in!

Adults (12+): \$15

Children (5-11): \$8

Cash or checks only

Menu: Cabbage rolls, mashed potatoes & gravy, green beans, salad, cheese, buns, homemade pies& beverages
Gluten free pies available!

Additionally, we will have music, games, raffles*, bake sale, and craft items

**Need not be present to win*



Article deadline for the
October 2025
Cathedral Monthly Bulletin
is **Tuesday, September 16.**

Many Years!

To all who celebrate their birthdays in September and especially to **Mary Ann Tich** who is celebrating her 95th birthday on September 1.

May God grant you many years!

Fr. Andrew Daily Reflection

If you would like to receive the daily reflection emails from Fr. Andrew please notify the Cathedral Office at (612) 781-7667 or office@stmarysoca.org.

Update Contact Information

Moving or have a change of phone number or email? Please contact the Church Office with your new address contact information (office@stmarysoca.org or 612-781-7667).

New Member Applicants

In accordance with the Bylaws, Article IV, Section 3: Notice of the new member application shall be published in the next monthly *Bulletin*. The following individual(s) have submitted an application for membership to St. Mary's: *Michael Memorich, Diana Thiede, & Maria Korluka*. If you have any comment pertaining to any applicant, please submit it to any Board member during this 45-day period, which began with the publication of this *Bulletin*.

Visitation Ministry

The Visitation Ministry is continually updating its list of parishioners who are homebound or in nursing homes and would like to be on our Visitation List. If you or a loved one is a member of St. Mary's and physically unable to attend church and church activities and would enjoy a visit or telephone call from a member of our Visitation Committee, please notify the Church Office (612-781-7667).

Diocese of the Midwest - St. Andrew of Crete Music Ministry

Register Today!

Liturgical Music Workshop at St. Paul's in Dayton, OH

Friday, September 19

6:30PM - 8:30PM

Saturday, September 20

9AM - 4PM



SIGN UP HERE

or Use QR code ➡



Questions for Fr. Gregory Ealy
(frgregory@stpdayton.org)

St. Mary's Orthodox Cathedral

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Church New Year	2	3 6:15 pm Vespers 7:00 pm Youth Night Orientation	4 Hieromartyr Babylas 9:00 am Divine Liturgy 7:30 pm Adult Bible Study (Zoom) w/ Dn.Philip 6:30 pm Women's Club Meeting	5 4:00 pm Wedding	6 5:00 pm Great Vespers
7 Martyr Sozon 7:45 am Matins 9:00 am Divine Liturgy w/ Blessing of Students & Teachers 11:00 am Church School Teachers Meeting 11:00 am Altar Server & Communion Assistants Training Workshop 6:15 pm Festal Vespers	8 Nativity of the Theotokos 7:45 am Festal Matins 9:00 am Festal Liturgy 7:00 pm Board Meeting	9 2:00 pm Online Bible Study 7:00 pm Online Bible Study	10 Faith Night 6:30 pm Akathist 7:00 pm Choir Rehearsal 7:00 pm Fellowship 7:30 pm Catechism & Educational Talk	11 Venerable Theodora 9:00 am Divine Liturgy 6:00 pm Orthodox Guys' Night 7:30 pm Adult Bible Study (Zoom) w/ Dn.Philip	12	13 5:00 pm Festal Vespers
14 Exaltation of the Cross 7:45 am Festal Matins 9:00 am Festal Liturgy 10:45 am Coffee Hour 11:00 am 1st Day of Church School Classes 11:45 am Ethnic Dance	15 7:30 am Perohi Set-Up 9:00 am Perohi Making	16 7:30 am Perohi Set-Up 9:00 am Perohi Making 2:00 pm Online Bible Study 7:00 pm Online Bible Study	17 Faith Night 6:30 pm Akathist 7:00 pm Choir Rehearsal 7:00 pm Fellowship 7:30 pm Catechism & Educational Talk	18 St. Eumenes of Gortyna 9:00 am Divine Liturgy 7:30 pm Adult Bible Study (Zoom) w/ Dn.Philip	19	20 5:00 pm Great Vespers
21 Leavetaking of the Feast Parastas Sunday 7:45 am Matins 9:00 am Divine Liturgy 10:45 am Coffee Hour 11:00 am Church School	22 9:00 am Festival Holubki Prep	23 9:00 am Festival Holubki Prep 2:00 pm Online Bible Study 7:00 pm Online Bible Study 7:00 pm Grief Group	24 Faith Night 9:00 am Festival Holubki Prep 6:15 pm Vespers	25 St. Sergius of Radonezh 9:00 am Festival Holubki Prep 9:00 am Divine Liturgy 7:30 pm Adult Bible Study (Zoom) w/ Dn.Philip	26 5-9 pm Taste of NE Festival 	27 11 am-7 pm Taste of NE Festival 5:00 pm Great Vespers 
28 Venerable Chariton 7:45 am Matins 9:00 am Divine Liturgy 10:45 am Coffee Hour 11:00 am Church School Festival Clean-Up	29 Festival Clean-Up	30 Archbishop Daniel Visiting 2:00 pm Online Bible Study 6:15 pm Vigil	1 Protection of the Theotokos Archbishop Daniel Visiting 8:30 am Greeting Bishop 9:00 am Hierarchical Liturgy 11:30 am Feast Day Luncheon	<div>Schedule is subject to change. Please check the Messenger or www.stmarysoca.org</div>		

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(Contact the Cathedral Office)

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