

The Cathedral Monthly Bulletin



St. Mary's Orthodox Cathedral • A parish of the Orthodox Church in America • Diocese of Chicago and the Midwest • Founded in 1887

OCTOBER 2025 • VOLUME 72 • NUMBER 10





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Ruling Archbishop of the
Orthodox Church in America

His Eminence, **Archbishop Daniel**
of Chicago and the Diocese
of the Midwest

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Deacon Philip Wagner
Deacon Joshua Ford

Attached / Retired Clergy:
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Archpriest Richard Flom
Archpriest Gregory Grivna
Archpriest Gregory Krutchek
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A monthly publication of
St. Mary's Orthodox Cathedral
1701 Fifth Street NE
Minneapolis, MN 55413

Pastoral Reflection

When we look at the lives of the saints, no matter where or when they lived, we see how their love for Jesus Christ transformed them completely. Their faith in Him inspired actions and attitudes that revealed, beyond any doubt, how deeply they honored Christ and His Gospel.

Consider, for example, St. Seraphim of Sarov. His love for God overflowed into a profound love for everyone and everything around him. He so radiated the love of God that even animals recognized it. A bear that lived in the nearby forest was known to approach him and eat from his hands as though it were a household pet.

Countless people came to St. Seraphim, especially those burdened with serious illness or deep personal troubles. He greeted each one with radiant joy, calling them tenderly, "My Joy!" No matter the season of the year, his greeting was always the Paschal proclamation: "Christ is risen!" In every person he encountered, he saw the living Christ, and through those encounters, people found comfort, strength, and guidance.

The love that poured from St. Seraphim's heart allowed him to live at peace with the entire world. That peace, however, did not come from himself—it came from God. When asked how others might best help those around them, he would simply reply: "Acquire the Spirit of Peace, and thousands around you will be saved."

When the Peace of God dwells within our hearts, it becomes visible to others, touching and transforming their lives as well. The greatest thing we can do for God is to love Him with all our hearts and to let that love shine forth in how we treat others and how we engage the world around us. Every encounter carries the potential for boundless joy, because in every person we meet, the risen Christ is present. Greeting and treating all people with the Spirit of Peace reveals the beauty of God's Kingdom within our hearts, in our relationships, and throughout the entire cosmos.

Love in Christ,

- Fr. Andrew Jarmus

Faith Nights

Join us every Wednesday this fall (through Dec. 17) for Faith Nights. We will begin the evening at 6:30 p.m. with an Akathist prayer service in the Cathedral, followed by 7:00 p.m. fellowship and light refreshments in the Parish Center.

At 7:30 p.m., we will gather in the dining hall for a reflection and discussion on various faith-based topics, concluding around 8:15 p.m.; while catechumens, inquirers, or those new to the Orthodox faith will be invited to participate in a catechism class, held concurrently, in another area of the parish center. We plan to explore several topics this fall – some weeks will be focused on scripture; other weeks we will discuss what it means to be an Orthodox Christian today; still other weeks will be for reflections on our Christian history and traditions. In September, we will also have the opportunity to screen a film on St. Peter the Aleut!

We will also feature monthly "youth break-out" sessions, where our 6th-12th grade students will have similar, but separate discussions.

Those who have questions, suggestions, or who might be interested in presenting a topic are encouraged to contact Fr. Jason Ketz at 763-257-2067; frjason@stmarysoca.org. We look forward to seeing you on Wednesday evenings!

President's Column

Upcoming Project: Enhancing Parish Safety with Security Cameras

Our parish's Safety and Security Committee is actively working with parishioner Mike Varian on a project to improve the safety of our Cathedral and Parish Center through the installation of security cameras.

A proposed camera placement plan, along with a draft policy and procedure for the use of the system, will soon be emailed to all parishioners. We invite your review, feedback, and input before anything is finalized.

It's important to note that, while a camera system is a valuable tool, no system is perfect. There will always be gaps in coverage, and any outdoor equipment is subject to weather and environmental factors. Still, the addition of cameras will help us take meaningful steps toward greater safety and accountability.

Before we can move forward with installation, we will need to raise \$10,000 for the project. We have a parishioner who has pledged to match every dollar donated - up to \$5,000. This means your gift has double the impact!

Together, we can reach this goal and strengthen the care and protection of our parish home. Thank you for your support and prayers for this important initiative!

Parishioners are invited to support this project through Venmo, check, or cash - just kindly note that your gift is for the Security Camera Project so we can be sure it's directed properly.

Thank you, Scott Boris

President@stmarysoca.org
952-292-4306

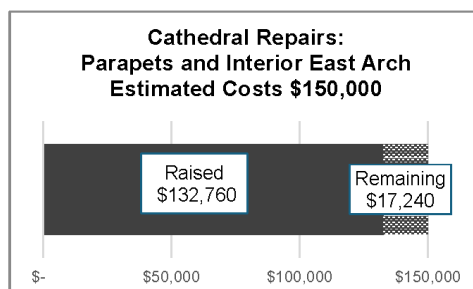
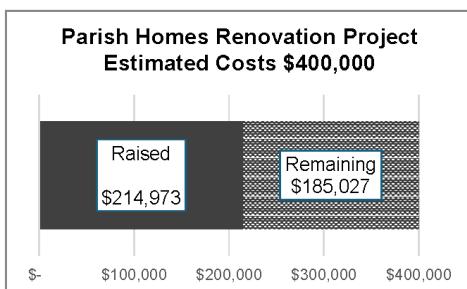
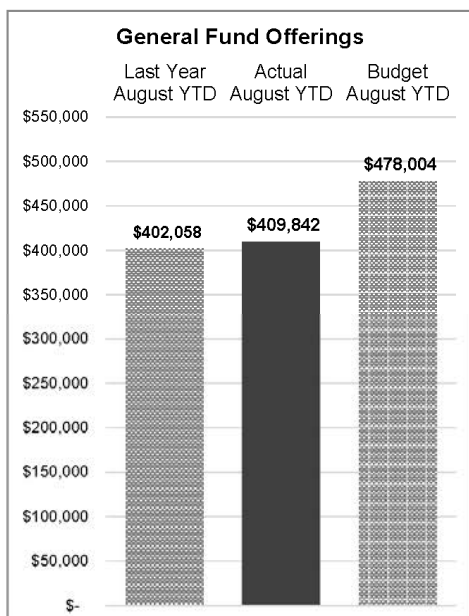
New Member Applicants

In accordance with the Bylaws, Article IV, Section 3: Notice of the new member application shall be published in the next monthly *Bulletin*. The following individual(s) have submitted an application for membership to St. Mary's: *Catrina & Jonathan Silverdahl*. If you have any comment pertaining to any applicant, please submit it to any Board member during this 45-day period, which began with the publication of this *Bulletin*.

Coffee Hour: Hosts Needed

To sign-up to host Coffee Hour visit: <https://bit.ly/coffee-hour-signup>. Please visit the sign-up and see if there is a Sunday you can volunteer to host. In the event that no one signs up for a given Sunday, we will still have a Coffee Hour, but only have coffee available. For more information about Coffee Hour and volunteering/hosting, contact our new Coffee Hour Coordinator, Liz Korba (coffeehour@stmarysoca.org). Thank you!

ST. MARY'S FINANCIAL RECAP AS OF August 31, 2025



NOTE:

To keep parishioners informed on St. Mary's financial status, monthly updates will now be provided for General Fund offerings, as well as donations to the Parish Homes and Cathedral Repair Funds. As a reminder, you can look at the church website for information on ways to donate:

<https://stmarysoca.org>

Thank you so much for your generous donations and support of St. Mary's Orthodox Cathedral!

Venmo QR Code



Choir Notes

At St. Mary's and other Orthodox churches, the role of the Choir is to lead the congregation in prayer, both musically and prayerfully; enriching, enlivening, and elevating the Liturgical Worship of the Church. Whether by accident or intention, every choir has a prayerfulness-musicality profile that emphasizes prayer over musicality, musicality over prayer, or some combination of the two, whatever effectively supplements their worship.

Prayer and music are an interesting combination, though perhaps not that strange. Both originate from within, somehow transcending the physical world and guiding us in a hopefully positive direction. The more of ourselves we put into either, the more we get out. Unfortunately, despite their similarities, it's difficult to do both at the same time. A challenge to pray the church's prayers while also singing them beautifully and upliftingly. This challenge is what makes a musician a Church Musician.

So how does a choir of Church Musicians do it? The full answer is, no doubt, nuanced, but it comes down to work and action. A Church Musician's job requires practice, practice, and more practice. Practicing prayer by praying, and practicing singing as a choir by attending choir rehearsal and singing together.

Let's take a look at choir rehearsal and maybe get a glimpse at why it is important.

Choir Rehearsal: The time when church musicians come together to make good music. In our choir, rehearsal includes an opening and closing prayer, warm-ups, practicing music, and, if we have time, music-focused didactics. The "opening/closing prayer" is, I hope, obvious. We aim to start and end our work with the right focus, trusting in God. The "practicing music" part is standard for any choir; it's the main part of our rehearsal where we learn the sounds, words, and musical expression of a piece. Some might say this is the most important part, but even here, there's nuance, and that's where warm-ups come into play. Warm-ups: the vegetables in a well-rounded meal that make a well-rounded Church Musician.

"Warm-ups" are the part of rehearsal where we get our voices ready to sing. But that's not all! Warm-ups are also when the director and singers not only define their sign language and gestures, but also when they work on the actual voice instrument, refining vocal technique and practicing it until it becomes second nature. Even if we know good vocal technique, knowing it and doing it are two different things. It's like me trying to float in water – I know the principles behind it, and I could even teach someone else, but I still can't do it. I'm like a shark that starts sinking as soon as I stop moving.

So, we practice until good technique becomes effortless. We rehearse the music until we hardly have to think about it. Then, when we arrive at a service, we can focus more on praying because the music side has become second nature. This is why

every part of rehearsal is important. It completes the training of the Church Musician, rounding them out and enabling them to do their job to the best of their ability.

Anytime we step into the choir loft, we are heeding the honorable call of being a Church Musician. A calling that requires work, yes, but a calling that gives so much more in return: community, friends, family, laughter, and good times.

As a singer myself, I enjoy singing alone. But more than that, I love singing with others who have also worked hard. There's a special feeling in singing that can only be shared with others. It happens when your voice and the voices around you suddenly sync up, blending into one and creating a musical mural that lifts spirits. It's a powerful experience I wish everyone could have... but it takes effort. But it's an effort that, in a choir, comes with a family, and so much more.

I hope to see you at rehearsal, same time and place as always. Come, sing, join the choir family.

By Mark Wesche

October Choir Schedule

- Wednesday, Oct. 1 - Choir Rehearsal at 7:00 p.m.
- Sunday, Oct. 5 - Wedding at 4:00 p.m.
- Wednesday, Oct. 8 - Choir Rehearsal at 7:00 p.m.
- Wednesday, Oct. 15 - Choir Rehearsal at 7:00 p.m.
- Wednesday, Oct. 22 - Choir Rehearsal at 7:00 p.m.
- Saturday, Oct. 25 - Wedding at 2:30 p.m.
- Sunday, Oct. 26 - Wedding at 3:00 p.m.
- Wednesday, Oct. 29 - Choir Rehearsal at 7:00 p.m.

October Sunday Reader Schedule

- Sunday, Sept. 7 - Liturgy (Sarah Varian)
- Sunday, Sept. 14 - Liturgy (Julia Moricz)
- Sunday, Sept. 21 - Liturgy (JoAnn Lucs)
- Sunday, Sept. 28 - Liturgy (Marilyn Grant)

Save the Date: Nativity Concert

Saturday, December 13, at 1:30 p.m.
Concert Reception to follow in the Parish Center.

October Birthdays - Many Years!

- | | |
|------------------|------------------------|
| 5 - Paula Manzuk | 25 - Rdr. Alex Langley |
| 20 - Alice Woog | |



Thank You!

To all our sponsors, coordinators, helpers and volunteers alike we'd like to thank you all for your support this year and throughout the planning process. This was such a fantastic year, and we can't wait to see what next year has to offer. Thank you again for all that you contributed, and we will see you all next year.

If you would like to join our team for next year's festival, please contact Joe Dmowski at president@tasteofnortheast.org.

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Alice Woog & Jim Ebner
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FOCUS Minnesota
Lillian's Cottage Kreations
Mundane Emollients
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October Youth & Families News

OCTOBER 2025		
OCT 1	<u>PROTECTION OF THE THEOTOKOS.</u> Parish Altar Feast Day <i>Archbishop Daniel Visiting</i> Festal Vigil on the evening of Sept. 30 Oct 1: Entrance and Vesting 8:30 AM; Hierarchical Liturgy: 9:00 AM	
	7:00 pm	Faith Night: Parish Dinner
OCT 5	11:00 am	STORY TIME! Children under age 3 with an adult.
	11:00 -11:45	Saints Meeting, (Grade 6+) Stage
	11:45-12:30	Ethnic Dance, Ages 5-13, PreK classroom
OCT 8	7:00 pm	Faith Night (with youth breakout): <i>It Takes a Village</i>
OCT 11	TBD	Saints to Valley Fair, (Grade 6+)
OCT 15	7:00 pm	Faith Night: Focus on FOCUS
OCT 17-19	Weekend	<u>Family Camp</u> Family Camp Wapo, Amery, WI
OCT 22	7:00 pm	Faith Night: <i>Living our Faith: Faith in a Digital Age</i>
OCT 26	11:45-1:30	Fall Festival, Families, Gym
OCT 29	7:00 pm	Faith Night: A closer look at scripture: <i>"Why did Paul write 1 Thessalonians?"</i>

NOVEMBER 2025		
NOV 2	11:00-11:45	Saints Meeting, (Grade 6+) Stage
	10:30am - 2:00pm	Women's Club Chili Feed
NOV 5	7:00 pm	Faith Night: <i>Disagreeing in a spirit of Christian Love</i>
NOV 8	Synaxis of the Archangel Michael and All the Bodiless Powers	
	TBD Vespers	Saints Blankets for FOCUS & Pizza Party, (Grade 6+)
NOV 12	7:00 pm	Faith Night: Orthodox Organizations
NOV 14-16	Parish Youth Ministry Network Gathering in Dallas, Texas, Fr. Ben & Team	
NOV 15	NATIVITY FAST BEGINS	
NOV 19	7:00 pm	Faith Night (with youth breakout): Fasting, vigil, and prayer
NOV 21	<u>ENTRANCE OF THE THEOTOKOS</u> Matins: 7:45AM; Liturgy: 9:00 AM	
	MN Orthodox Homeschool Association	
NOV 22	7:00am-4:00 pm	Women's Club: Holiday Bread Baking
NOV 23	Coffee Hour	Women's Club: Holiday Bread Bake Sale
NOV 27	THANKSGIVING DAY Akathist Service, <i>Glory to God for All Things</i>	
NOV 30	No Church School -Thanksgiving Break	

Valleyfair Trip for St. Mary's Saints


- Saturday, October 11. Meet at St. Mary's Parish Center at 12:00 pm; carpool to Valleyfair.
- Saints will return to St. Mary's between 5:00 p.m. & 6:00 p.m. (if we return early, we'll stay through Vespers, so parents can plan for 6:00 p.m. pickup).
- Saints will cover the cost of VF admission and will buy a light dinner meal for the students as well. Please eat before arriving and/or bring own money for lunch and snacks. To RSVP email Fr. Jason Ketz at frjason@stmarysoca.org; or text: 763-257-2067. **Please RSVP by Oct. 7.**

Orthodox Story time



● **Parents/guardians
and their children
under age 3 are
invited**

Come enjoy faith-filled
stories and Orthodox songs
inspired by nursery rhymes.



Where? Play area!

**FIRST SUNDAY OF
EACH MONTH**

11:00 AM

**Questions? Reach out to
Megan Monko, Marian
Gorgy, or Church School
email@
[churchschool@stmarysoca](mailto:churchschool@stmarysoca.org)
[.org](mailto:churchschool@stmarysoca.org)**



Tuesday Online Bible Studies

If you would like to participate in the Tuesday online Bible studies (two sessions - 2:00 p.m. & 7:00 p.m.) with Fr. Andrew, please email Fr. Andrew at frandrew@stmarysoca.org.

Women's Club

We would like to invite all women of our Parish to join us for our monthly meeting on Thursday, October 2, at 6:30 p.m. Food, beverages, fellowship & fun will be provided.

Grief & Loss Support Group

Please note our next meeting is on Tuesday, October 28. The group usually meets the last Tuesday of each month from 7:00-8:00 p.m. at St. Mary's Parish Center. Questions? Please email Joni at stmarysgriefgroup@gmail.com.

Open Choir Sundays

The third Sunday of the month will be Open Choir Sunday! If you have ever been interested, even a little, in singing with the choir; or even if you're just a little curious, then come on up! Matins starts at 7:45 a.m. & Liturgy starts at 9 a.m., and we'll be happy to have you in the loft singing with us.

Perohi Update

We will be making perohi on **October 20 & 21**. Please consider helping when you can on Mondays and Tuesdays. We especially need volunteers on Mondays. Set-up and dough-making begins at 7:30 a.m. and cooking, filling, pinching, and bagging at 9:00 a.m. Please contact Janice Strauss (jmbstrauss@gmail.com) with questions.

Join Our Greeter Ministry!

Joni Hinton is excited to announce the relaunch of St. Mary's Greeter Ministry. Greeters play a special role in our parish by welcoming everyone to Sunday Liturgy and handing out the weekly Messenger. If you are interested in participating and joining Joni, Anna, Lowell, Serie, and Wally in this ministry, please reach out to Joni at jvanu@gmail.com or the church office at (612) 781-7667. Your presence can make a big difference in someone's day!

Library Now Open Sundays!

The Library is now open on Sundays from 10:45 am-12:00 p.m.! I'd like to share a little of what we've been doing this last year! First, there is a little church library - that looks suspiciously identical to our Cathedral - just outside of the library. The books inside are free and will be either books that we have numerous copies of or just don't meet the rubrics of the library. If you have some books you'd like to donate please stop by the library. Secondly, the library catalog is online and available for you to peruse at <https://www.librarycat.org/lib/StMarysOrthodox>.

Thirdly, the entire library has been color coded so that it will be easy for you to find subjects you are interested in reading about. It is easier to actually show you the system - so please stop by and check it out. Lastly, we have created an actual podcast/vlogging studio in the back room of the library! In the coming months St. Mary's will be creating positive, uplifting content that will be driven by the Orthodox faith. If you have a podcast or vlog idea - please stop by the library or email us at library@stmarysoca.org and tell us about your ideas. In the coming months we'll share the new content that's been created and how you can access it to listen to or watch.

We are very excited to finally have the library open and for you to come visit and use it! Thank you to everyone who helped us get to this point! - The Library Ladies

Orthodox Guys' Night

Our monthly OGN fellowship is every second Thursday of a month. As always, bring fasting/non-fasting (as appropriate) dish to share, only if you are able to. We meet 6-9 p.m. in the dining hall of St. Mary's OCA Cathedral Parish Center (1701 5th St NE, MPLS). You do not have to be there from the beginning till the end. This is a low-key low-brow Orthodox guys' hang-out.

Cemetery Chapel - Thank You!

Summer has come to an end, and so have the Liturgies at the Chapel. Our parish is blessed to have the opportunity to have a beautiful place to worship during the summer. As with most things in life, blessings come from many people working together, this is also true at the chapel. Thank you to the clergy and altar servers. Thank you to the choir directors, members, and singers in the pews. Thank you to all who helped with coffee hours: those who baked or bought food to share, those who set-up, served, cleaned-up, and those that ate. Thank you to those who came to worship. A special note of gratitude to Dan Miller who prepared the finest coffee each week and completed all the behind-the-scenes tasks.

St. Mary's Missions Committee Thanks You!

Thank you to everyone who so generously supported the work of the St. Mary's Mission Committee at our September 7th Coffee Hour. Over \$700 was raised to help fund Orthodox missionary work here and throughout the world! Thank you to Michelle and Vlad Scheglowski and their family for organizing and baking and to everyone who donated their time to set-up and clean-up. Special thanks to those who brought delicious sweet and savory treats for us to enjoy. God bless! The next Mission Committee meeting will be on Friday, October 10, at 7:00 p.m. New members are welcome.

Holiday Bread Baking & Bake Sale

St. Mary's Women's Club is hosting a bread baking day on Saturday, November 22. ALL are welcome to help! Skilled

bakers, novice bakers or no baking experience at all, men, women, young, old - PLEASE come join in the fun! We set up assembly line style and we learn from those who have been baking forever! We generally work from 8:00 a.m. until 2:00 p.m. or so. Dough prep, filling prep, rolling, braiding, baking, cooling, packaging, pricing, presentation, dishes, lunch and laughter! Come for the whole time or come for a few hours! Our bread sale, will be held the following morning on Sunday, November 23, during Coffee Hour. Thank You! Questions? Please call or text Chris Gulachek at 612-889-2079 (Cell).

El Tonto Por Christo – Film Screening Near Minneapolis

Set along the windswept Texas Gulf, El Tonto Por Cristo follows a brotherhood of monks inching toward sainthood, struggling with the burden of their own condition. Told in luminous black-and-white vignettes, the film offers a quiet unfolding of repentance, inviting viewers to participate in body, mind, and spirit. Woven with Orthodox imagination and inspired by European-style transcendental cinema, yet firmly rooted in the light, land, and silence of Texas, it becomes a cinematic pilgrimage for what it feels like to be Orthodox in America. The sensory experience is heightened by award-winning DP Hutch Crane, who brings a stark, poetic palette, and Emmy-nominated composer Michael Paraskevas, whose score blends Orthodox tonalities with Southern Gothic resonance for the theatrical screen.

When: Thursday, November 13

Where: Historic Heights Theater

Tickets: \$25.27 VIP - \$60.18 (early reservation encouraged)

VIPs are invited to a private meet-and-greet with the filmmakers before the screening. After the film, stay for a live Q&A and first access to limited, tour-only merchandise.

Philip Mamalakis - St. George Antiochian Orthodox Church

We are excited to share a rare and exciting opportunity to hear Philip Mamalakis, author of Parenting to the Kingdom and Journey of Marriage, Associate Professor of Pastoral Care at Holy Cross Seminary, and Marriage and Family Therapist. With both a Master's of Divinity from Holy Cross Seminary and a PhD. in Marriage and Family Therapy from Purdue University, Dr. Mamalakis brings the best of Orthodox wisdom to real life parenting and marriage issues.

Save the Date: November 14-15. Truly a weekend you will not want to miss! Join us for an exciting event open to all single adults, married couples, parents, and people interested in learning how to make connections between the spiritual life as we understand it in the Orthodox Church and the ongoing challenges of living single, being married, and raising children.

There will be time for Q & A in all sessions. Lunch will be provided. Parents, find a babysitter now and plan to attend as much as you can. This is an event that is open to all! More information to follow.



THE SERBIAN ORTHODOX DIOCESE OF NEW GRACANICA-
MIDWESTERN AMERICA

**ST BASIL (VASILJE) OF OSTROG SERBIAN ORTHODOX
CHURCH OF CHISHOLM, MN**

Rev. Fr. Milos Bozic, Parish Priest
543 6th Street SW Chisholm, MN 55719
218-208-4590

Annual Liturgy at Sts Peter and Paul Russian Orthodox Church: Bramble, MN

Saturday October 4th, 2025



Divine Liturgy: 10:00 AM

Followed By:

**Parastos and Grave Blessings at the Cemetery & BBQ Lunch
and Fellowship**

All are welcome to Bring Food for the Grill, Sides and Refreshments.



**ORTHODOX CHRISTIAN
ATTORNEY NETWORK**

Orthodox Attorney Fall Retreat

November 21-23, 2025

St. Iakovos Retreat Center, Kansasville, WI

"Law, Calling, & Renewal of the Soul"



Join fellow Orthodox attorneys for a weekend of rest, renewal, and fellowship! Come reflect on our calling as attorneys and servants of Christ, and (re)discover peace and joy in your career. Limited single rooms, double rooms, and day passes available. All attorneys, active and retired, and law students welcome.

Register by October 3rd for early-bird rate!

Key Speakers:

Bishop Serafim, Vicar of Metropolitan of Midwestern America (Serbian)
Steven Christoforou, JD - Executive Director FOCUS North America
Lory Barsdate Easton, JD, MPsy - Retired Partner Sidley Austin LLC

More info & registration:

www.Tinyurl.com/OCANretreat



Questions? Contact: Info@orthodoxattorneys.org



The Twentieth Twin Cities Pan-Orthodox Tea

Saturday, October 11, 2025 at 2:00pm-5:00pm

Hosted by **St. Mary's Greek Orthodox Church**
3450 Irving Avenue South, Minneapolis, MN 55408

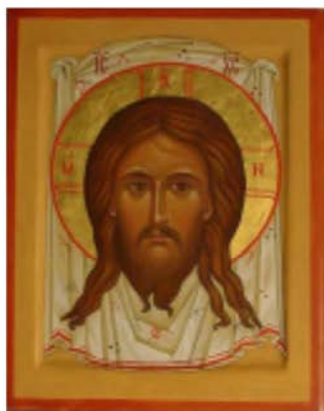


Come together for fellowship and share ideas toward our common goals to learn from each other, share ideas from our parishes and to serve to be Christ-like. A service project grew out of our fellowship to serve those in need.

Presentation by Cindy Karos on the Divine Liturgy

Please bring an appetizer or dessert to share.

For any questions, contact Connie Kouzes at email: Ankouzes@gmail.com



Icon Art Studios, Inc.

2026 Winter

Icon Class Dates

Icons as a likeness
help draw us into
relationship with the

holy persons depicted, within our Christian journey. This is the icon's primary role. But secondly, through its formal or stylistic qualities, an icon is a spiritual tool transforming the way we see things.

- ❖ Icons through symbolism *indicate divine realities* which meet everyone in the place of their journey in Christ.

Symbolism is a means of seeing a deeper meaning behind the appearance. It means the gathering together of different levels of meaning to get the essence. The opposite of symbolism, (sym = 'together with') is diabolism (dia = 'dividing against, scattering'). Symbolism is a representation that brings to light a hidden meaning.

For example, every element in an icon brings to light a hidden meaning. The wood, with its linen covering, the egg used to mix the pigments, and the gold, together represent the natural world of matter: vegetable, animal and mineral, which are offered back to God in the work. They also remind us of the passion, death and resurrection of our Divine Lord:

- the wood recalling the suffering on the cross;
- the linen reminding us of the shroud enwrapping His dead body;
- the egg being a symbol of the Resurrection.

- ❖ Taking icon class can be a spiritual discipline leading us to a unveiling a wealth of spiritual wisdom.

Session 1

The Holy Face at St. George Antiochian Orthodox Church in West St. Paul (including zoom) Tuesdays
January 6, 20, 27 and February 3rd from 6-9 pm

Session 2

St. Elijah at St. George Antiochian Orthodox Church in West St. Paul (including zoom) Tuesdays February
3, 10, 17 and 24 from 6-9 pm

Please contact Deb at akorluka@aol.com/612-889-5868 or

Steve Arsenault at arsenault003@gmail.com/ 612-206-7369

Cost for tuition and supplies approx. \$300

Cost for tuition only \$160

Session 3

Icon to be determined at the Basilica of St Mary
(Mpls.)

Saturdays February 21 and March 7,14 ,28 from
9:00 am – 1:00 pm

Please contact Deb at akorluka@aol.com/612-889-5868 or Basilica of Saint Mary at 612-331-1381

Cost for tuition and supplies approx. \$300

Cost for tuition only \$160

Private sessions ongoing throughout the year in the studio

Icon Art Studios, Inc.
13921 127th Street North
Stillwater, MN 55082
612-889-5868



Orthodox Adult Game League



NEXT GAME NIGHT → Saturday, Oct 25 @ 6:00 pm

St. Mary's OCA

1701 5th St NE, Minneapolis, MN 55413

Bring a munchie or dessert to share!

 PLAYING FREE	Priceless of Christ ROCA	 St. Nicholas Mission	Priceless Church and St. Sahag Community Center	Priceless the Baptist St. John OCA	 Twelve Holy Apostles	Priceless Holy Trinity OCA	Priceless St. Andrew OCA	 St. George's Serbian	Priceless St. Mary's Romanian	 PLAY TABLE GO TO
Priceless St. Nicholas' OCA		<div>Community "Fest"</div> <div>ORTHODOX GAME LEAGUE</div> <div>Chance of Fun</div>								Priceless Ethiopian Orthodox Tewahedo Church
Priceless St. Basil of Ostrog Serbian										Priceless Holy Resurrection Church
 Holy Trinity Serbian										 St. Michael's Ukrainian
Priceless Holy Myrrhbearers Mission OCA										Priceless St. George's Greek
 Holy Cross OCA										 Gabriel's Eritrean
Priceless St. Mary's OCA										 St. Mary's Cathedral OCA
Priceless St. Elizabeth (Mission)										Priceless Christ the OCA Savior Mission
 St. Stephen's Romanian										 Holy Assumption OCA
Priceless St. Michael's Serbian										Priceless Gospodina Mala Serbian
 JUST VISITING	Priceless St. Katherine's Ukrainian	Priceless St. George's Antiochian	 St. Mary's Coptic	Priceless Holy Trinity OCA	 Holy Anargyroi Greek	 St. Herman's OCA	Priceless St. Savvas' Serbian	 St. Elias Antiochian	Priceless St. Panteleimon's ROCA	 GO COLLECT FRIENDSHIPS AS YOU PASS

Want to learn a new game? Want to play a classic? Want to teach a game? Then this is for you!
 Questions? Contact Fiona Lotti, 651-470-8994

INTRODUCING

TWIN CITIES BYZANTINE CHOIR



With the blessing of His Eminence Metropolitan Nathanael of Chicago, a new Pan-Orthodox Byzantine Choir is beginning in our community! Directed by Reader Joseph Karos, the choir aims to glorify God through the music of the Church.

Including men and women from:

St. Mary's Greek Orthodox Church
St. George Antiochian Orthodox Church
St. Elizabeth OCA Orthodox Church
St. George Greek Orthodox Church
Holy Trinity OCA Orthodox Church



Follow the choir on Instagram,
Facebook, and YouTube!



Article deadline for the
November 2025
Cathedral Monthly Bulletin
is **Wednesday, October 15.**

Fr. Andrew Daily Reflection

If you would like to receive the daily reflection emails from Fr. Andrew please notify the Cathedral Office at (612) 781-7667 or office@stmarysoca.org.

Cathedral Office Hours Update

St. Mary's Cathedral Office is open Tuesday, Thursday, & Friday from 9 a.m.-12:00 p.m. and 12:30-4:30 p.m. On Wednesdays, the Office is open from 9 a.m.-12:00 p.m., and 12:30-4:00 p.m. Please note the Office is closed for lunch from 12-12:30 p.m.

Church Envelopes

Please contact the Church Office if you want to: (a) receive envelopes weekly or monthly; (b) stop envelopes; (c) combine envelopes (e.g., to receive only one set per household); (d) correct information on the envelope (including the title, e.g., from Mrs. to Mr. & Mrs.).

Transitions

Please join us in giving a warm welcome to our newest members: Michael Memorich & Maria Korluka.

Wedding:

Michael & Katherine (Jones) Memorich, 9-5-2025

Property Maintenance

You can now notify the property maintenance committee of any maintenance issues you see around the Cathedral properties (Cathedral, Parish Center, Cemetery Chapel, etc.) by emailing us at maintenance@stmarysoca.org.

Visitation Ministry

The Visitation Ministry is continually updating its list of parishioners who are homebound or in nursing homes and would like to be on our Visitation List. If you or a loved one is a member of St. Mary's and physically unable to attend church and church activities and would enjoy a visit or telephone call from a member of our Visitation Committee, please notify the Church Office (612-781-7667).

Many Years!

To all who celebrate their birthdays in October and especially to **Helen Feiker** who is celebrating her 91st birthday on October 15, **Elsie Porianda** who is celebrating her 92nd birthday on October 21, **Demeter Kokosh** who is celebrating his 92nd birthday on October 21, and **Margaret Dupay** who is celebrating her 90th birthday on October 31.

May God grant you many years!

Update Contact Information

Moving or have a change of phone number or email? Please contact the Church Office with your new address contact information (office@stmarysoca.org or 612-781-7667).

Special Contributions

GENERAL FUND

In memory of Georgian Woehner
From: Susan Reshetar

In memory of Phil & Becky Becker's Mother & Father
From: Jane & Bob Smith

In honor of John & Deb Crowley's 50th Anniversary
From: Pete & Dar Felegy

In honor of Dave & Deb Kalina's 75th Birthdays
From: Pete & Dar Felegy

In honor of Mary Ann Brinda's 100th Birthday
From: Deb Sterzinger

In honor of MaryAnn Tich's 95th Birthday
From: Family & Friends

ENDOWMENT FUND

In honor of MaryAnn Tich's 95th Birthday
From: Family & Friends

PARISH HOMES IMPROVEMENT CATHEDRAL REPAIRS

In honor of Mary Ann Brinda's 100th Birthday
From: Joe & Lynn Snyder

CHOIR ICONOGRAPHY

In memory of Georgian Woehner
From: Family & Friends

* If you would like a donation or memorial you've made to be published, please be sure to write "to be published" or "publish" on the donation. In the event that a memorial or donation that you requested to be published has not been published, please contact the Cathedral Office.

St. Mary's Orthodox Cathedral

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Protection of the Theotokos 8:30 am Greeting Bishop 9:00 am Hierarchical Liturgy 11:30 am Coffee Hour 6:30 pm Akathist 7:00 pm Choir Rehearsal 7:00 pm Fellowship 7:30 pm Catechism & Ed. Talk	2 Hieromartyr Cyprian 9:00 am Divine Liturgy 6:30 pm Women's Club Meeting 7:30 pm Adult Bible Study (Zoom) w/ Dn.Philip	3	4 5:00 pm Great Vespers
5 Synaxis of the Hierarchs of Moscow 7:45 am Matins 9:00 am Divine Liturgy 11:00 am Saints Meeting 11:00 am Church School 11:00 am Orthodox Story Time 11:45 am Ethnic Dance 4:00 pm Wedding 7:00 pm Iconography Workshop	6	7 2:00 pm Online Bible Study 7:00 pm Online Bible Study	8 6:15 pm Festal Vespers 7:00 pm Choir Rehearsal 7:00 pm Fellowship 7:30 pm Catechism & Ed. Talk	9 St. Tikhon of Moscow 7:45 am Festal Matins 9:00 am Festal Liturgy 6:00 pm Orthodox Guys' Night 7:30 pm Adult Bible Study (Zoom) w/ Dn.Philip	10	11 8:45 am Iconography Workshop 12:00 pm Saints trip to Valleyfair 5:00 pm Great Vespers
	Iconography Workshop 8:45 am – 9:00 pm					
12 Fathers of 7th Ecumenical Council 7:45 am Matins 9:00 am Divine Liturgy 10:45 am Coffee Hour 11:00 am Church School	13 7:00 pm Board Meeting	14 2:00 pm Online Bible Study 7:00 pm Online Bible Study	15 6:30 pm Akathist 7:00 pm Choir Rehearsal 7:00 pm Fellowship 7:30 pm Catechism & Ed. Talk	16 Martyr Longinus 9:00 am Divine Liturgy	17	18 5:00 pm Great Vespers
					St. Mary's Family Camp: October 17-19	
19 Prophet Joel Parastas Sunday Open Choir Sunday 7:45 am Matins 9:00 am Divine Liturgy 10:45 am Coffee Hour 11:00 am Church School	20 7:30 am Perohi Making	21 7:30 am Perohi Making 2:00 pm Online Bible Study 7:00 pm Online Bible Study	22 6:30 pm Akathist 7:00 pm Choir Rehearsal 7:00 pm Fellowship 7:30 pm Catechism & Ed. Talk	23 Apostle James 9:00 am Divine Liturgy	24	25 Memorial Saturday 9:00 am Memorial Liturgy 2:30 pm Wedding 5:00 pm Great Vespers 6:00 pm Orthodox Game Night
26 Great Martyr Demetrios 7:45 am Matins 9:00 am Divine Liturgy 11:00 am Church School 11:45 am Harvest Festival 3:00 pm Wedding 6:15 pm Festal Vespers	27 St. Olga of Kwethluk 7:45 am Festal Matins 9:00 am Festal Liturgy	28 7:00 pm Grief Group	29 6:30 pm Akathist 7:00 pm Choir Rehearsal 7:00 pm Fellowship 7:30 pm Catechism & Ed. Talk	30 Martyrs Zenobia & Zenobius 9:00 am Divine Liturgy 7:30 pm Adult Bible Study (Zoom) w/ Dn.Philip	31	
					Schedule is subject to change. Please check the Messenger or www.stmarysoca.org	

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St Anthony, MN 55418

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